



## | Fascial Counterstrain (FCS)

### FCS Foundations (F1)

<u>Mar 27-29</u>	Frederick, MD	
	San Diego, CA	
	Portland, OR	
	Appleton, WI	
	Pensacola, FL	

<u>Sep 11-13</u>	Frederick, MD	
	San Diego, CA	
	St. Paul, MN	
	Whidbey, WA	

### FCS Lymphatic-Venous System Part I (LV1)

<u>May 15-17</u>	San Diego, CA	
	Portland, OR	
	Appleton, WI	
	Waynesboro, VA	
	Pensacola, FL	

<u>Nov 13-15</u>	Waynesboro, VA	
	San Diego, CA	
	St. Paul, MN	
	Whidbey, WA	

### FCS Lymphatic-Venous System Part II (LV2)

<u>Aug 21-23</u>	San Diego, CA	
	Portland, OR	
	St. Paul, MN	
	Waynesboro, VA	

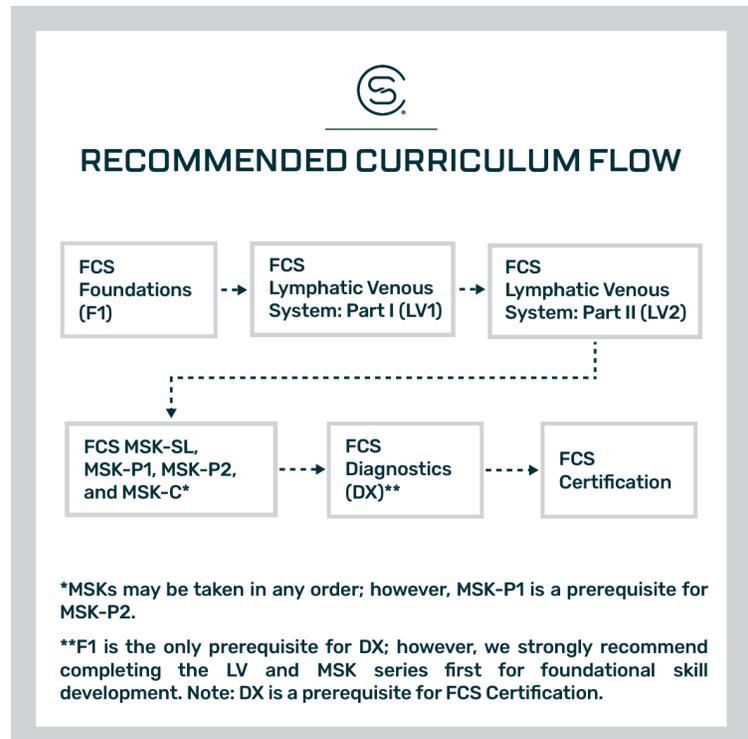
### FCS MSK System: Spinal Ligaments & Myofascia (MSK-SL)

<u>Sep 25-27</u>	Frederick, MD	
	San Diego, CA	
	Portland, OR	
	St. Paul, MN	

<b>FCS MSK System: Periosteum - Extremities (MSK-P1)</b>	<u>Apr 24-26</u>	San Diego, CA	
		Portland, OR	
		St. Paul, MN	
		Waynesboro, VA	

<b>FCS MSK System: Periosteum - Spine (MSK-P2)</b>	<u>Oct 23-25</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Portland, OR	

<b>FCS MSK System: Cartilage &amp; Superficial Fascia (MSK-C)</b>	<u>Jul 31-Aug 2</u>	San Diego, CA	
		Portland, OR	
		Appleton, WI	
		Waynesboro, VA	



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**FCS Arterial System (AR)** [Oct 2-4](#)

San Diego, CA 

St. Paul, MN 

Waynesboro, VA 

Kennewick, WA 

**FCS Visceral System (VC)** [May 29-31](#)

Portland, OR

San Diego, CA 

St. Paul, MN 

Waynesboro, VA 

**FCS Adipose (ADP)** [Apr 10-12](#)

Portland, OR

San Diego, CA 

St. Paul, MN 

Waynesboro, VA 

**FCS Diagnostics (DX)** [Aug 7-9](#)

Frederick, MD

San Diego, CA 

St. Paul, MN 

Kennewick, WA 

**FCS Nervous System Part I: Autonomics & Cranial Nerves (N1)** [Jun 26-28](#)

Frederick, MD

San Diego, CA 

St. Paul, MN 

Kennewick, WA 

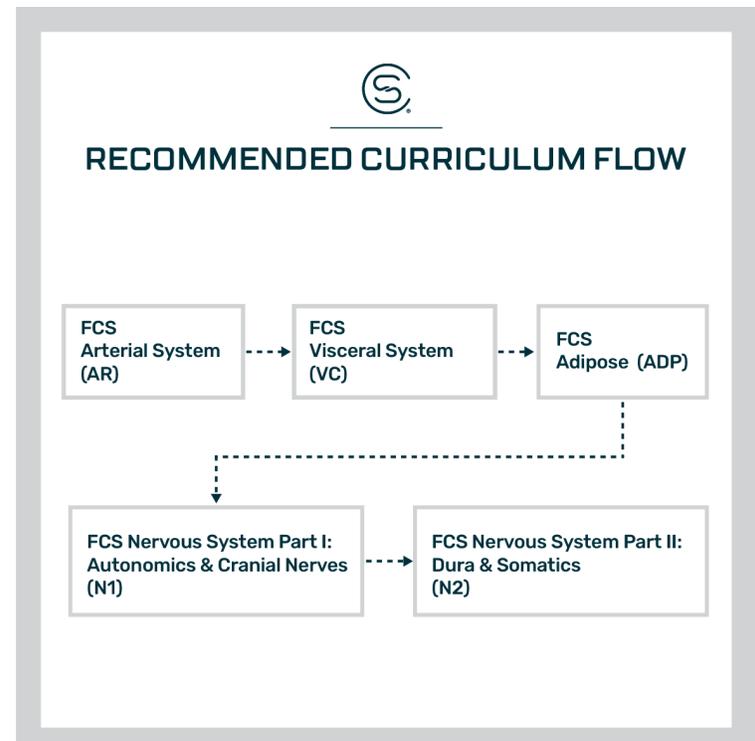
**FCS Nervous System Part II: Dura & Somatics (N2)** [Oct 9-11](#)

Frederick, MD

Portland, OR 

San Diego, CA 

Appleton, WI 



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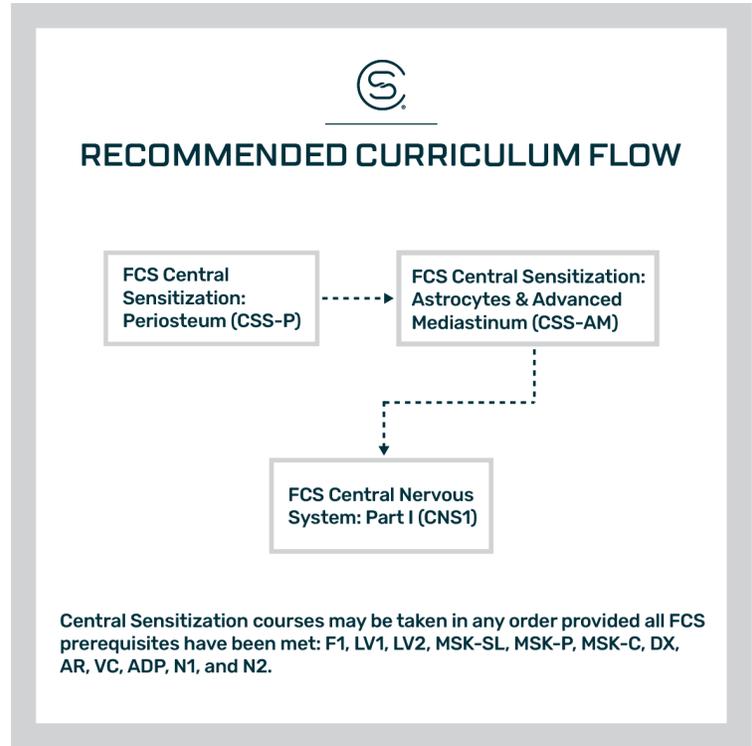
## | Fascial Counterstrain (FCS)

<b>FCS Central Sensitization: Periosteum (CSS-P)</b>	<u>Jul 10-12</u>	Frederick, MD	
		San Diego, CA	
		St. Paul, MN	
		Kennewick, WA	

<b>FCS Central Sensitization: Astrocytes &amp; Advanced Mediastinum (CSS-AM)</b>	<u>Nov 6-8</u>	Frederick, MD	
		San Diego, CA	
		Portland, OR	
		Appleton, WI	

<b>FCS Central Nervous System Part I (CNS1)</b>	<u>Mar 13-15</u>	Frederick, MD	
		San Diego, CA	

	<u>Jun 12-14</u>	Frederick, MD	
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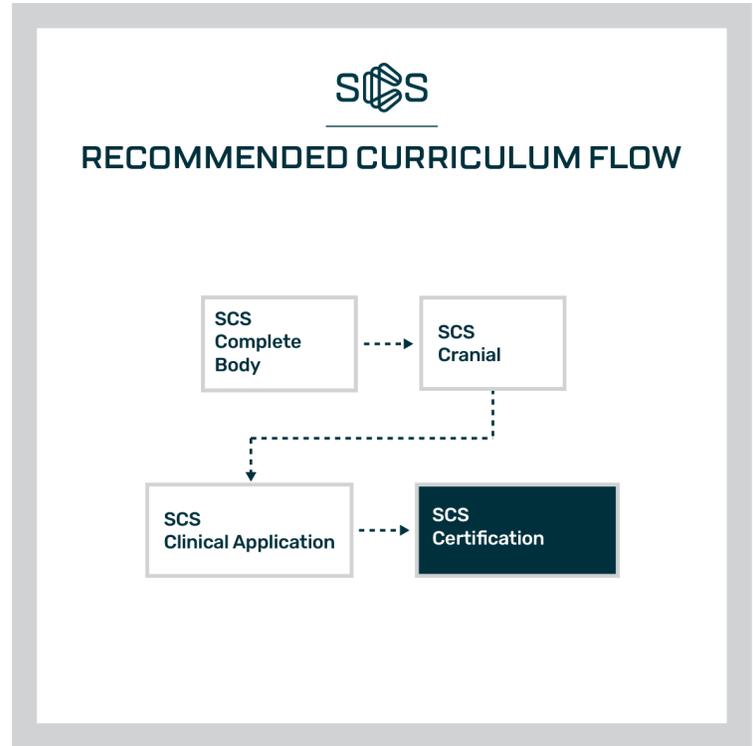
**SCS | Strain Counterstrain (SCS)**

<b>SCS Complete Body</b>	<a href="#">Apr 18-20</a>	New York, NY
	<a href="#">Jul 17-19</a>	San Diego, CA
	<a href="#">Oct 16-18</a>	San Diego, CA

<b>SCS Cranial</b>	<a href="#">Sep 18-20</a>	San Diego, CA
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<b>SCS Clinical Application</b>	<a href="#">Aug 28-30</a>	San Diego, CA
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<b>SCS Certification</b>	<a href="#">Dec 5-7</a>	San Diego, CA
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## Gross Anatomy & Cadaver Dissection

Anatomy Dissection:  
Multi-System [Sep 14-18](#) San Diego, CA

Anatomy Dissection:  
Pelvic Floor [Sep 17-18](#) San Diego, CA

Anatomy Dissection:  
CNS Brain [May 1-3](#) San Diego, CA



## GROSS ANATOMY & CADAVER DISSECTION

### RETURNS TO SAN DIEGO IN MAY & SEPTEMBER 2026

Strengthen your Counterstrain practice through the exploration of over 1,000 anatomical structures! Combine the Multi-System and CNS Brain courses for a complete dissection experience featuring:

- ✓ Fresh, untouched cadavers for better tissue visualization and manipulation.
- ✓ Adjunctive embalmed cadavers and brains for easier neurovascular dissections.
- ✓ Low 6:1 student to cadaver ratio to maximize your dissection time.
- ✓ Gorgeous SoCal setting just minutes from the beach!

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